

Linda Meyerholz, MS, LMHC

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About Linda Meyerholz:

Linda Meyerholz, MS, LMHC, is a licensed therapist in private practice in Southwest Florida and the author of three books, *Codependency Sucks*, *Recovery from Childhood in America*, and *Through My Father's Eyes*, which are available at Barnes and Noble stores, BarnesandNoble.com and Amazon.com. Meyerholz specializes in relationships, codependency and addiction recovery and is a member of the American Mental Health Counselors Association.

Meyerholz offers private counseling services along with workshops and retreats on such topics as codependency, domestic violence and workplace conflicts and communication.

In addition, she brings in outside consultants who specialize in areas such as addiction, abuse, divorce, blended families, aging, social services and student testing and assessment. Both private counseling and group therapy are available to clients.